

# CHRISTINA P LYNCH PSY.D.

Website: [WWW.DRCHRISTINALYNCH.COM](http://WWW.DRCHRISTINALYNCH.COM)

## EDUCATION

INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES, ARLINGTON, VIRGINIA  
*Psy.D., Clinical Psychology* (SACS Regionally Approved Program, APA Accredited 2015)  
2000 - 2005 *First Doctoral Graduate - December 9, 2005*

INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES, ARLINGTON, VIRGINIA  
*M.S., Clinical Psychology*  
1999 - 2000

LONG ISLAND UNIVERSITY, C.W. POST Campus, GREENVILE, NEW YORK  
*B.A., Liberal Arts*  
*President of Alumni Association and Chair of Homecoming Events 1974.*  
1968 - 1972

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## LICENSE CLINICAL PSYCHOLOGIST

State of Virginia #4158	September 29, 2009
State of Colorado #3362	November 2, 2009
State of Nebraska #762	May 19, 2010
State of Arizona #5257	March 17, 2020

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## PROFESSIONAL EXPERIENCE

Catholic Psychotherapy Association Conference Workshop  
*"Integrating Psychosexual Development in Clergy Applicant Assessment"*  
Virtual Conference  
April 21, 2021  
<https://catholicpsychotherapy.org/event-4139185>

TEACHING FORUM EXPERT  
*Magis Center – Credible Catholic*  
[www.crediblecatholic.com](http://www.crediblecatholic.com)  
February 2021, to present

PROFESSIONAL CONSULTANT  
*Spitzer Center for Visionary Leadership*  
<https://spitzercenter.org/>  
August 1, 2020, present

ASSOCIATE DIRECTOR  
*Holy Alliance Support Ministry for Bishops*  
[www.holyalliancesupport.org](http://www.holyalliancesupport.org)  
June 19, 2020, to present

Catholic Psychotherapy Association Conference <i>"Rebuilding the Church in Seminary Formation"</i> Virtual Conference <a href="https://catholicpsychotherapy.org/">https://catholicpsychotherapy.org/</a>	April 23, 2020
SEMIANRY FORMATION COUNCIL FACULTY <i>Christian Psychology &amp; Integration</i> St. Vincent de Paul Seminary; Boyton Beach, FL	2018-2019
DEFEND LIFE LECTURE TOUR <a href="http://www.Defendlife.org">www.Defendlife.org</a>	2017 April
NATIONAL CONFERENCE VOCATION DIRECTORS (NCDVD) <i>Denver, CO; Boston, MA; St. Louis, MO</i> Use of Psychology in Seminary Admissions Presenter	2011,2016, 2017
DIRECTOR OF PSYCHOLOGICAL SERVICES <i>Denver, Colorado</i> St. John Vianney Theological Seminary	2007- Dec 2019
CREATOR/DIRECTOR OF FORMATION IN PRIESTLY IDENTITY (FIPI) Spirituality/Human Formation Program <i>Denver, Colorado</i> St. John Vianney Theological Seminary	2007-Dec 2019
ADJUNCT PROFESSOR <i>Denver, Colorado</i> St. John Vianney Theological Seminary	2014- Dec 2019
CATHOLIC PSYCHOTHERAPY ASSOCIATION CONFERENCE <i>Counseling and Deliverance Prayer: Is there any helpful connection?</i> Christina Lynch & Fr. Chris Hellstrom Denver, Colorado	2011 April
PYSCHOLOGICAL SERVICES & ADJUNCT PROFESSOR <i>Creighton University – Omaha (Summer Institute)</i> The Institute for Priestly Formation (IPF)	2006 –2015
TEACHING ASSISTANT <i>Creighton University - Omaha</i> The Institute for Priestly Formation (IPF)	2004 - 2006
EDUCATIONAL CONSULTANT <i>Magnifikid Podcast</i>	2006 - 2007
POST-DOCTORAL RESIDENT <i>Veritas Clinics, Front Royal, Virginia</i>	2006- 2007
PRE-DOCTORAL INTERN <i>Nebraska Internship Consortium</i> <i>Catholic Social Services, Lincoln, Nebraska (2000 hours, APA Accredited)</i>	2004 - 2005

GRADUATE ASSISTANT <i>The Institute for the Psychological Sciences – Arlington, VA</i>	2002 - 2004
PSYCHOLOGY EXTERN <i>Meier New Life Clinics</i> Outpatient Clinic and Day Hospital	2000 - 2004

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## PROFESSIONAL ASSOCIATIONS

CATHOLIC MEDICAL ASSOCIATION <a href="https://www.cathmed.org/">https://www.cathmed.org/</a>	2020-PRESENT
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### CATHOLIC PSYCHOTHERAPY ASSOCIATION

[HTTP://WWW.CATHOLICPSYCHOTHERAPY.ORG/](http://www.catholicpsychotherapy.org/)

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| • FOUNDED BOARD MEMBER                 | 2006- PRESENT |
| • FOUNDED SECRETARY                    | 2006-2013     |
| • PRESIDENT                            | 2013-2015     |
| • CO FOUNDER SEMINARY ASSESSMENT GROUP | 2011- PRESENT |

### CPA National Conference Chair

VA/DC Conference Chair	2014
Dallas/Ft. Worth Conference Chair	2013
Denver Conference Chair	2011

EWTN – EXPERT NEWS COMMENTATOR “Heroic Media” TV Series/ <a href="http://heroicnews.org/">http://heroicnews.org/</a>	2014- 2016
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SACRED STORY INSTITUTE - IGNATIAN SPIRITUALITY FOR THIRD MILLENNIUM EVANGELIZATION	2012 - PRESENT
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[HTTP://SACREDSTORY.NET/](http://sacredstory.net/)

ASSOCIATE RESEARCHER PSYCHOLOGY & SPIRITUALITY

FOCUS – FELLOWSHIP OF CATHOLIC UNIVERSITY STUDENTS	2012 – 2016
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[HTTP://WWW.FOCUS.ORG/](http://www.focus.org/)

SPIRITUAL IMPACT ADVISORY COUNCIL

INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES	2000 - 2001
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[HTTPS://IPSCIENCES.EDU/](https://ipsciences.edu/)

STUDENT LIFE COMMITTEE – FOUNDED SECRETARY

AMERICAN PSYCHOLOGICAL ASSOCIATION (APA)

SEMINARY ASSESSMENT COMMITTEE (CPA)

SEMINARY TRAINING COMMITTEE (CPA)

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## AWARDS

**2015 DISTINGUISHED ALUMNI AWARD (FIRST RECIPIENT) –  
INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES (IPS)**

RECIPIENTS ARE AWARDED FOR THE FOLLOWING ACCOMPLISHMENTS:

1. PROFESSIONAL ACHIEVEMENT
2. LEADERSHIP
3. SERVICE TO THE COMMUNITY
4. LOYALTY TO THE INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES

## DISSERTATION

Lynch, C. (2005). *Motivational factors of post-abortive women who seek psychological help: A Self-Report Study using Rachel's Vineyard Retreats.*



APAposterLynch.pdf



MOTIVATIONAL  
FACTORS OF POST-A



Dissertation.pdf

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## PUBLICATIONS

Lynch, C. (2021) *Obedience and Joy: The Power of Relational Joy in the Formation of Seminarians*  
A True & Mature Obedience: Seminary Formation and Freedom  
The Institute of Priestly Formation, Pages 105-129.



Lynch 2021  
Obedience & Joy.pdf

Lynch, C., Wilder, J. (2018). [Booklet] *The Joy Workbook: Vocational Discernment in Today's Culture.*

Lynch, C. (2015). [Booklet] *Millennials Professional Guide for Bishops/Priests/Faculty/Psychologists/ Family & Youth Ministries.*

Lynch, C. (2013) *Out of the New Normal: Jesus is Calling Men of Communion.*  
Seminary Theology III: Seminary Formation & Psychology.  
The Institute for Priestly Formation. Pages 121-154.



Out of the New  
Normal Jesus is callir

Lynch, C. (2009). *The Stethoscope in God's Hand's: IPS Alumna Serves Seminarians.*  
LeCristo Magazine, A publication of The Legionaries of Christ.



LeCristo.pdf

Lynch, C. (2008). *How Pastoral Psychology Complements Inner Healing.*  
Seventh Annual Symposium on the Spirituality and Identity of the Diocesan Priest:  
Spiritual Physician: Living Christ's Own Mission of Love.  
A publication of The Institute for Priestly Formation and St. Mary's Seminary. Pages 59-73.



J Lynch How Pastoral  
Psychology Complem

Lynch, C., Vitz, P. (2007). *Therese of Lisieux from the Perspective of Attachment Theory and Separation Anxiety*. International Journal for the Psychology of Religion. Vol. 17, No. 1, Pages 61-80.



St. Therese  
Article.pdf

Lynch, C. (2006). *The Secret Life of Post-Abortive Mothers and how we can help them*.  
Celebrate Life Magazine, A publication of American Life League.



Celebrate Life  
Article.pdf

Lynch, C. (2005). [Booklet] *Personality Disorder Reference Guide for Mental Health Professionals; Priests; Administrators*.



PersonalityDisorders  
\_web.pdf

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## VOLUNTEER ACTIVITIES

*Holy Alliance Support Ministry – support line* 2020 - Present

*Nebraska Internship Consortium in Professional Psychology Board  
Intern Advisor.* 2004-2005

*Diocese of Arlington, VA  
Project Rachel, Rachel's Vineyard (RV)* 2001-2003  
Manned hotline for Post-Abortion counseling and co-facilitator at weekend RV retreats.

*Diocese of Arlington, VA  
Conference for the Engaged* 2001-2003  
Marriage preparation for engaged couples, co-presented with my husband.

*Archdiocese of Washington DC  
Eucharistic Minister, Georgetown Hospital.* 1998 – 1999

*Diocese of Arlington, VA* 1997 - 1998  
Finance Committee St. John the Baptist building project.  
Fundraised for new Church building/did weekly accounting for Church collection fund.

*Emmitsburg, MD – Mission of Mercy medical van on wheels.* 1995 - 2001  
Prepared marketing tools for direct fundraising.

*Blue Jay, California - Veronica's Home of Mercy –  
Home for women in crisis pregnancy & their children* 1993-1994  
Co- founded with Patrick Lynch - House Managers  
Acquired by Mary's Mercy Center in San Bernardino  
<http://030b040.netsohhost.com/veronicasoverview.html>

*Lake Arrowhead California – Lighthouse of Hope Maternity Home.* 1992-1993  
Secretary and Board of Directors.

*Newport, California - Hoag Hospital Rehabilitation Center for  
Drug and Alcoholic adults.* 1990-1992  
Facilitator for group members recovering from addictions.

*Charter Hospital-Club 1218, Costa Mesa, California* 1990-1992  
Directed and counseled teens pre and post hospitalization for suicide  
*Drug and Alcohol related.*

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## **PREVIOUS WORK EXPERIENCE**

**PRIESTS FOR LIFE** 1997-2001  
*Front Royal, VA*

Travel Director - planned and organized travel for five priests around the world. Managed and communicated information through the World Wide Intranet.

**HUMAN LIFE INTERNATIONAL** 1994-1997  
*Front Royal, VA*

Director of Programs/Special Projects - Priority and Planning Advisor;  
Director of HLI programs worldwide with a budget of several million dollars a year.  
Magdalene Rescue & Rehabilitation; China Orphanage; Medical Professionals for Life; Deacons for Life and Family; Seminarians for Life; Mary Corp; World Wide Web; Chapters;  
Director of branch operations for Central and Eastern European headquarters in Poland.  
Designed, implemented and launched website in four languages.  
Coordinated all aspects of HLI's 4 million dollar, 57,000 square foot World Wide Headquarters, including negotiating, quality control, and purchasing of interior/exterior furnishings for chapel; residence; warehouse; learning center; and office space.

**VERONICA'S HOME** 1993-1994  
*Blue Jay, CA*

Co-Founder and House Manager of a non-profit home for unwed mothers and their children. Supervised the day-to-day operations of house management, volunteers, and family sponsors. Facilitated and implemented the fundraising objectives using direct mail and computer database management. The Diocese of San Bernardino has assumed the running of Veronica's Home and is flourishing today as Veronica's Home of Mercy.

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